# Special Interest

### Southeast Asian Cooking Workshop

Learn how to prepare and present several authentic and delicious Southeast Asian cuisines. This hands-on workshop will feature a different menu each week. Be prepared to experience an array of flavors. Bring containers for leftovers!

\*\$40 supply fee due to instructor at 1st class.

Instructors: Sandy & Dinh Truong

Class# 10448

Wednesday Sept 21 - Oct 19\*\* 6:30-8:30pm Bayport Center No. of Sessions: 5 Fee: \$78\*

#### Bridge - Intermediate/Beginning

This class is very close to being a beginning class in the subjects covered and the hands bid and played are similar to those found in the Beginning class. All students will get to bid play and score at every class. Covered subjects include: a review of the basics; Stayman and Blackwood conventions; play of the hand and defense strategy. The required text booklet, Intermediate Bridge, is provided at cost,\$3.00. Rich Leres, at 510-654-5632, will be happy to answer your questions.

Instructor: Rich Leres

Class# 10449

Tuesday Oct 18 - Dec 6 7:00-9:00p.m.

McKinley Center No. of Sessions: 8 Fee: \$59

# Handling the Challenges of Defiant and Moody Teenagers

Why did my sweet and good-tempered child turn into a difficult adolescent? How can I deal with their ups and downs without losing my mind?

Family Effectiveness Training offers a new way of dealing with parent-adolescent conflicts. You will learn how to resolve disagreements in a way that ensures that no one loses and problems stay solved. Participants will be given a comprehensive set of skills and the framework for applying these skills. With the help of F.E.T. you can teach your children self-discipline, self-control and an inner sense of personal responsibility.

Instructor: Andrea J Peto

Class# 10451

Monday Nov 7 - Dec 12 7:00-9:00p.m. Leydecker Center No. of Sessions: 6 Fee: \$129

### Picture Pendant Ornament (Ages 14 & up)

Create personalized ornaments this holiday season! Use Diamond Glaze and bezels along with your photographs and cut-outs to create meaningful ornaments. You will learn how to use Diamond Glaze and bezel settings, to deal with and avoid bubbles, to embed objects, and to create a simple loop to add embellishments to your ornament. Please bring photos, papers and other items you wish to embed in Diamond Glaze. Pictures created using colored pencils, as well as permanent and alcohol inks should work nicely. Ages 10-13 may attend with an adult who is also signed up for the class. \*A \$12 kit is required to purchase from the store on the day of the class. (additional materials available to be purchased as well.)

Instructor: Bead Inspirations

Class# 10452

Saturday November 26 10:30am-2:30pm Bead Inspiration No. of Sessions: 1 Fee: \$40\*

## Simple, Last Minute Holiday Gifts

Design & make gorgeous jewelry, bookmarks, and cell phone charms for the special people in your life! This class focuses on simple techniques that don't require special tools or advanced skills. It's surprisingly simple to learn to make fun and elegant earrings without bending wire into wire wraps. Make a matching necklace or bracelet in almost no time at all! Amaze your family and friends with your awesome handcrafted gifts. This is a great class for kids or adults to learn some simple techniques with or without good hand-eye coordination. You'll design your own gifts in class (with the help of the instructor, if needed) and leave with them finished. Ages 7-9 can attend with an adult who is also signed up for the class. Ages 10 & up may attend without an adult. \*Materials not included and my be purchased in the store on the day of the class. Instructor: Bead Inspirations

Class# 10450

Tuesday December 20 12:30-2:30p.m.

Bead Inspiration N o. of Sessions: 1 Fee: \$20\*